

**Dayspring Naturopathic Clinic**  
**Dr. Taraneh Ballew, ND, Naturopathic Doctor**  
**4460 Black Ave., Suite I, Pleasanton, CA**  
**Ph: (925) 461-9335 Fax: (925) 461-9353**

**Dear parent,**

**Please fill out this form and bring it with you on the first visit. Please note that all information disclosed is *confidential and will not be released without your permission.***

Child's name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Birth date: \_\_\_\_\_

Parent or Guardian's name: \_\_\_\_\_ Occupation: \_\_\_\_\_

Address (if different from above): \_\_\_\_\_

Telephone (Home): \_\_\_\_\_ (Work): \_\_\_\_\_

Email: \_\_\_\_\_

Name of family physician: \_\_\_\_\_ Telephone: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

List reason(s) for your visit in order of importance (include date of onset with each concern):

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

Is your child currently receiving any treatment(s) for these concerns? Have they been effective?

\_\_\_\_\_

List any current medications (prescription, over-the counter, vitamins, herbs, homeopathics): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List any past prescription medications: \_\_\_\_\_

\_\_\_\_\_

List any surgeries, hospitalizations, accidents, or serious injuries that your child has had: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List any allergies or intolerances: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### IMMUNIZATIONS

- Measles, mumps, rubella
- Diphtheria, pertussis, tetanus
- Polio
- Other \_\_\_\_\_
- Influenza
- Small pox
- Hepatitis

*Has he/she had any adverse reactions to any immunizations?* \_\_\_\_\_  
\_\_\_\_\_

### FAMILY HISTORY

Have any family members (including immediate family, grandparents, aunts and uncles) had any of the following conditions?

- Alcoholism
- Allergies
- Anemia
- Arthritis
- Asthma
- Cancer
- Depression
- Diabetes
- Drug addiction
- Epilepsy
- Headaches
- Heart disease
- Hypertension
- Kidney disease
- Mental illness
- Stroke
- Tuberculosis
- Other? \_\_\_\_\_

### CHILDHOOD ILLNESSES

*Has he/she ever had any of the following?*

- Chicken Pox
- Measles
- Polio
- Scarlet fever
- Other \_\_\_\_\_
- Ear infections
- Mumps
- Rheumatic fever
- Tonsillitis
- Frequent colds
- Pneumonia
- Rubella
- Whooping cough

### PRENATAL HISTORY

	<b>Poor</b>	<b>Fair</b>	<b>Good</b>	<b>Excellent</b>
Health of father at conception:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Health of mother at conception:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Physical health of mother during pregnancy:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Emotional health of mother during pregnancy:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Emotional health of mother following pregnancy:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mother's diet during pregnancy:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Number of pregnancies: \_\_\_\_\_ Number of miscarriages: \_\_\_\_\_ Mother's age at birth of child: \_\_\_\_\_  
List any illness or other difficulties during pregnancy: \_\_\_\_\_

Indicate any drug or alcohol consumption or cigarette smoking during pregnancy. (circle) \_\_\_\_\_

List any medication, supplements or herbal remedies taken during pregnancy: \_\_\_\_\_

### LABOR AND DELIVERY

Location of birth: \_\_\_\_\_ Duration of labor: \_\_\_\_\_

Description of birth:

- Induced       Forceps       C-section       Late       Pain medications  
 Spontaneous       Epidural       Natural       Premature       Other?

Birth weight: \_\_\_\_\_ Birth length: \_\_\_\_\_ Head circumference: \_\_\_\_\_

### NEONATAL HISTORY

List any difficulties or complications soon after birth: \_\_\_\_\_

List any therapies or medications administered: \_\_\_\_\_

	<b>Poor</b>	<b>Fair</b>	<b>Good</b>	<b>Excellent</b>
Health of child at birth:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Health of child in first year:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sleep patterns in first year of life:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### NUTRITION

Infant feeding:      Breast fed? \_\_\_\_\_ How long? \_\_\_\_\_  
                            Formula? \_\_\_\_\_ Describe: \_\_\_\_\_  
                            Milk?  
                             cow       goat       soy       nut       other \_\_\_\_\_

Current weight: \_\_\_\_\_ Current height: \_\_\_\_\_

Age of introduction to solid foods: \_\_\_\_\_ What foods introduced first? \_\_\_\_\_

Favorite foods: \_\_\_\_\_ Excluded foods: \_\_\_\_\_

### GROWTH AND DEVELOPMENT

*Age he/she began:*

Crawling: \_\_\_\_\_ Toilet training: \_\_\_\_\_

Sitting: \_\_\_\_\_ Teething: \_\_\_\_\_

Walking alone: \_\_\_\_\_ Saying first words: \_\_\_\_\_

Any concerns (by parents and / or teachers) in regards to his/her physical, social or mental development? \_\_\_\_\_

**LIFESTYLE / ENVIRONMENTAL FACTORS**

Is he/she exposed to any chemicals or tobacco smoke at home or at school? Explain: \_\_\_\_\_

What are his/her hobbies? \_\_\_\_\_

How is his/her energy level? Rate on scale of 1 to 10 (1=very low; 10=excellent) \_\_\_\_\_

Emotional climate at home:  very stable  stable  stressful  very stressful

**CONSENT FOR TREATMENT & FINANCIAL AGREEMENT:** *By signing this, I hereby authorize the staff of Dayspring Naturopathic Clinic to treat my child using naturopathic medicines according to the principles of naturopathic practice. If I desire allopathic medical treatment, I am free to seek such treatment from a physician. I understand Dayspring Naturopathic Clinic will make the best effort to treat my child but make no guarantee to cure my child.*

*I certify that the above information is true. I understand that charges will be made and hereby agree that I am financially responsible for any such charges.*

Signature \_\_\_\_\_ Date \_\_\_\_\_